

## COVERING LETTER

**Dr. SUDHIR MODALA, Ph.D.**  
**(Faculty of Medicine)**  
**Associate Professor, Dept. Physiology**

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Respected Sir/Madam

I take liberty to address this letter to your good self to introduce myself being on the lookout for a suitable career opening in your organization.

I sincerely trust you will be kind enough to consider my case. I assure you full commitment and constant strive for excellence if any opportunity is given to me & shall put all my efforts to be worthy of the trust placed in me.

I have done my **M.Sc., Ph.D., [MEDICAL PHYSIOLOGY](#) (Faculty of Medicine)** as my specialization, with **9 Years of teaching experience** in the same field.

I would be happy to be called on for a personal discussion. I would be able to appraise you with more details about myself. I am looking forward to a positive response from you.

My resume is attached along with this letter for your kind perusal.

I would appreciate the opportunity to discuss how my education and experience will be helpful to you. Thank you for your time and consideration.

**Sincerely,**

**(DR. SUDHIR MODALA)**

# Dr. Sudhir Modala

S/O Mr. M Lakshmi Narayana  
Enugula Bazar,  
Narasaraopet ,  
Guntur Dt.  
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## PROFESSIONAL SUMMARY

**Innovative, adaptable and Results-oriented physiologist, working** as an Associate Professor with over **8** years in teaching, seeking advanced position in teaching field that offers security and professional growth. Thoroughly understands the learning process and works hard to adapt methods and use various teaching styles, works well under pressure both individually and as part of a team.

## EDUCATIONAL BACKGROUND

- ❑ **PhD in Medical Physiology**, from Santosh Medical College, Gaziabad, (UP) India, **JULY- 2018**
- ❑ **Post Graduate (M.Sc in Medical Physiology)** from G.S.L. Medical College, Rajahmundry, (AP) India.  
Passed in First class with 66% in the year 2010.
- ❑ **Graduate (B.Sc MLT)** from VIKAS Institute of Medical sciences, Guntur, (AP) India.  
Passed in First class with 70% in the year 2006.
- ❑ **Higher Secondary School Certificate Examination** from P.N.C. K.R College, Narasaraopet (AP) India.  
Passed in First class with 72% in the year 2003.
- ❑ **High School Certificate Examination** from S.R.K.O.High School, Narasaraopet, (AP) India.  
Passed in First class with 60% in the year 2001 .

## WORK EXPERIENCE (Total 8 Years 1 Month), INDIA

- ❑ Working as an **Associate Professor** in Dept. of Physiology at Varun Arjun Medical college & Rohilkand Hospital, Banthra, Shahjahanpur. U.P. from **19/ 11 /2018 to Till date.**
- ❑ Worked as an **Assistant Professor** in Dept. of Physiology at Varun Arjun Medical college & Rohilkand Hospital, Banthra, Shahjahanpur. U.P. from **01<sup>st</sup> September-2015 to 18<sup>th</sup> Nov 2018.**  
**(2 years 10 months 09 days)**
- ❑ Worked as an **Assistant Professor** in Dept. Of Physiology at Rohilkandh Medical College & Hospital, Bareilly, U.P. from **18<sup>th</sup> November-2013 to 31<sup>st</sup> August 2015.(1 year 09 months 13 days)**

- Worked as a **Demonstrator/Tutor** in Dept. Of Physiology at Rohilkandh Medical College & Hospital, Bareilly, U.P. from **9<sup>th</sup> October-2011 to 17<sup>th</sup> November 2013(2 years 1 month 8 days)**
- Worked as a **Demonstrator/Tutor** in Dept. Of Physiology at Deen Dayal Medical College & Hospital, Tiruvallur, Chennai, from **4<sup>th</sup> October 2010 to 15<sup>th</sup> September 2011.(11 months 11 days)**
  
- Developed and delivered engaging lectures to MBBS, BDS, MDS, DENTAL HYGIENIST, NURSING AND PARAMEDICAL students.
- Developed courses in line with the curriculum requirements of the Physiology Department.
- Planned, evaluated and revised course content and course materials.
- Wrote, administered and graded examinations.
- Served on 2 college committees and acted as member of the anti-ragging and cultural Committee.
- Lab demonstrations, instructions for practical classes.
- Supervised and evaluated students' laboratory work.

## **PERSONAL SKILLS**

- Program – based learning program
- Enthusiastic
- Course planning
- Creative instruction style
- Self-motivated
- Teaching/tutoring
- Computer proficient
- Student motivation
- Culturally-sensitive

## **RESEARCH EXPERIENCE/PROJECT WORK**

**Project-title:** **EFFECT OF SMOKING ON AUTONOMIC NERVOUS SYSTEM.**

**Guide's Name:** Dr. S.MS. MURTHY M.D PHYSIOLOGY  
Department of Physiology, GSL Medical College, Rajahmundry, AP, INDIA.

## **AFFILIATION**

Life Member, Association of Indian Physiologists (ASSIOP).

## RESEARCH PUBLICATIONS

### **International publications:**

- Mamta Kandwal, **Sudhir Modala**, Manisha Baghel, Manpreet Saini.(2019) **Association of blood pressure profile on newly diagnosed subclinical hypothyroidism patients.** *MedPulse International Journal of Physiology.* November 2019; 12(2):50-53. <https://www.medpulse.in/Physiolo>
- Bajpai JK, **Sudhir Modala**, Kumar S, Das DK. (2019) **Myocardial dysmorphism and functional failure: A cardiac sting in patients with advancing chronic obstructive pulmonary disease.** *Natl J Physiol Pharm Pharmacol* 2019;9(8):731-737.
- **Sudhir Modala**, Usha Dhar, K V Thimmaraju, Manisha Baghel , (2018) **Study of lipid profile in Hypothyroidism Patients**; *International Physiology* 2018 Vol. 6 (1), pp. 39-41
- **Sudhir Modala**, Usha Dhar, K V Thimmaraju, Manisha Baghel , Bandi Harikrishna(2017) **Haematological Profile and Body Composition In Hypothyroid Patients**; *International Journal of Contemporary Medical Research*2016 Vol. 4 (3), pp. 661-65.
- **Ankalayya**, Lakshmi Pathi, **Sudhir M**, (2016) **GENDER DIFFERENCE IN BMI AND BODY FAT PERCENTAGE ESTIMATED BY FAT ANALYSER IN ADOLESCENTS**; *International Journal of Contemporary Medical Research*2016 Vol. 3 (2), pp. 413-14.
- **Sudhir Modala**, Usha Dhar, K V Thimmaraju, BJ Pradeep Kumar, Bandi Harikrishna(2015) **ASSOCIATION OF VISCERAL FAT WITH DETERIORATED PULMONARY FUNCTION IN NEWLY DIAGNOSED HYPOTHYROID PATIENTS**; *International Journal of Medical Research &Health Sciences* 2015 Vol. 4 (3), pp. 630-33. (SCOPEMED)
- **Sudhir Modala**, Usha Dhar, K V Thimmaraju, Manisha Baghel(2015) **Association Of Visceral Fat With Pulmonary Function And Haematological Changes In Hypothyroidism**; **INTERNATIONAL JOURNAL OF CONTEMPORARY MEDICAL RESEARCH** 2015 Vol. 2 (2), pp. 266-71(REVIEW ARTICLE)
- **Sudhir Modala**, Pankaj Kumar Singh, Sugunakar m, BJ Pradeep Kumar(2015) **PREDICTION OF MAXIMAL OXYGEN CONSUMPTION (VO2MAX) USING BICYCLE ERGOMETER AMONG MALES AND FEMALES IN GSL STUDENTS**; *International Journal of Basic and Applied Medical Sciences* 2015 Vol. 5 (1) jan-April, pp. 271-75.
- **Hari prasd**, **Sudhir modala**, Manisha Baghel, BJ Pradeep Kumar.**VARIATION OF AUTONOMIC FUNCTION TESTS IN YOUNG HEALTHY MALES AND FEMALES** :*International journal of information research and Review* 2014 vol .1 (3)September pp 73-75.

- Manisha Baghel **Sudhir Modala**, BJ Pradeep Kumar and parimala (2014) **CORRELATION OF CREATININE CLEARANCE AND URINE MICROALBUMIN IN TYPE 2 DIABETES MELLITUS**; International Journal of Basic and Applied Medical Sciences 2014 Vol. 4 (2) May-August, pp. 182-186
- **Sudhir Modala**, Qazi Rais Ahmed, Ankalaiah (2014) **COMPARATIVE STUDY OF PEAK EXPIRATORY FLOW RATE IN SCHOOL-GOING BOYS AND GIRLS**; International Journal of Basic and Applied Medical Sciences 2014 Vol. 4 (2) May-August, pp. 4-7
- B. J. Pradeep Kumar, **Sudhir Modala**, Parimala P, Manisha Baghel. **COMPARATIVE STUDY OF GLYCOSYLATED HEMOGLOBIN AND LIPID PROFILE IN GESTATIONAL DIABETIC WOMEN AND NORMAL PREGNANT WOMEN**. International Journal of Recent Trends in Science and Technology August 2014; 12(1):17-20 <http://www.statperson.com>.
- **Sudhir Modala**, Qazi Rais Ahmed, (2012) **EFFECT ON AUTONOMIC NERVOUS SYSTEM IN SMOKERS AND NON SMOKERS- A COMPARISON STUDY** , NATIONAL JOURNAL OF MEDICAL AND APPLIED SCIENCES 2012; vol 1(1)p:26-29

#### PERSONAL DETAILS

<b>Date of Birth</b>	06 <sup>th</sup> March 1986
<b>Sex</b>	Male
<b>Nationality</b>	Indian
<b>Marital Status</b>	Married
<b>Permanent Address</b>	D.no 2-5-1f, Enugula bazaar, Narasaraopet , Guntur Dt.(A.P)-522601
<b>HOBBIES</b>	Painting, music, Cricket, chess

#### REFERENCES

##### 1. Dr. Sunil Kumar

**Professor & Head**

**Dept of Physiology**

**VarunArjun Medical college**

**Shahjahanpur, India**

**Email- [kumarsunil59@gmail.com](mailto:kumarsunil59@gmail.com)**

##### 2. Dr. K. Praveen Kumar, PhD

**Associate professor**

**Dept Of physiology**

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**3. Dr. Harikrishna, PhD**

**Dept of physiology**

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**4. Dr. K V Thimma Raju**

**Professor & Head**

**Email- [thimmarajukv@yahoo.co.in](mailto:thimmarajukv@yahoo.co.in)**

#### **DECLARATION**

I hereby certify that all the information provided here are correct to the best of my knowledge.

**(Dr. Sudhir Modala)**